

Group Fitness Instructor - Youth Athlete Focus - PRO 3:5 Sports Academy

We are looking for a high energy, fun and creative group fitness instructor to focus on youth athlete development. Classes will consist of 10 to 25 athletes working on speed, agility, quickness and strength.

Evening schedule, one hour per evening plus set up and clean up time along with workout development and planning. A couple evenings per week Monday through Thursday. This position has the opportunity to develop into a full scale Performance Coach position creating, developing and driving a business division within PRO 3:5 Sports Academy.

- Must enjoy kids and be fun while encouraging, instructing and coaching.
- Be capable of demonstrating any and all exercises.
- Ability to develop weekly workouts and implement workouts created by others.
- Good communication skills a must with both youth and adults.
- Be able to discern appropriate discipline to keep class in order and on track.
- Training Certification highly preferred.
- Hire of candidate will be contingent upon acceptable results of a criminal background check and drug screen.

Location is near Triangle Town Center - Capital Blvd and I-540